



NEUROLYMPHATIC MANUAL LYMPH DRAINAGE (MLD)

CARING PARTNERS IN HEALING

WHAT IS NEUROLYMPHATIC MLD?

Neurolymphatic MLD is a non-invasive, non-pharmaceutical manual technique that promotes healthy lymph flow within the brain. The lymphatic system regulates fluid buildup, manages fat absorption, and as part of the immune system it recognizes and responds to waste cells and invaders such as viruses, microbes, and cancer.

WHAT IS NEUROLYMPHATIC MLD FOR?

Current research supports specific hands-on techniques as effective regulators of lymph flow within the brain. Better lymph flow mobilizes debris and supports symptom management for many common health concerns.

ASK US IF NEUROLYMPH MLD IS
RIGHT FOR YOU

Our therapists will create a personalized plan
tailored to your individual needs

NEUROLYMPHATIC MANUAL LYMPH DRAINAGE

EFFECTIVE • SAFE • HOLISTIC • NON-INVASIVE

CONDITIONS MLD MAY HELP:

- BRAIN FOG - after chemo, Long COVID, Chronic Lyme, post-concussion
- FATIGUE - due to CFS, Long COVID, Chronic Lyme, post-concussion
- ANXIETY
- INSOMNIA
- CHRONIC NEUROLOGIC CONDITIONS - dementia, post-stroke, Parkinson's
- LONG-TERM COGNITIVE HEALTH - support and maintenance

WHAT TO EXPECT

Sessions involve gentle, hands-on techniques applied to the head, neck, and upper body. Treatment is non-invasive and deeply relaxing, supporting your brain's natural drainage processes. Having an experienced clinician perform these specific techniques is comfortable, safe, and restorative.

ABOUT SEACOAST HAND THERAPY

We offer a dynamic and specialized practice focused on upper extremity conditions, providing highly personalized care in a private, comfortable setting. Our certified therapists are caring partners in your healing journey.

OUR MISSION

To walk with our patients to achieve the best possible outcome as caring partners in healing.

SEACOAST
hand therapy

CARING PARTNERS IN HEALING

308 US Route 1, Suite E-1 • Scarborough, ME 04074
207-303-3030 • business@seacoasthandtherapy.com

www.seacoasthandtherapy.com