

RADIATION FIBROSIS SYNDROME

What is Radiation Fibrosis Syndrome?

Radiation is used to treat fast growing cancer cells, but it can also affect normal cells within the treatment field. Over time, these damaged cells can lead to thickening (or fibrosis) of the tissue and weakness of the underlying muscles.

Who is at risk?

Anyone who has had radiation can develop chronic fibrosis. This is different from the reactions that may occur during radiation treatments.

What are signs of Radiation Fibrosis Syndrome?

Tightness, weakened muscles, and evolving changes in soft tissue texture all can be indications of radiation fibrosis. You may notice these changes weeks to months after having radiation treatment.

How can you manage it?

An individualized program of hands-on manual treatment, stretches, and skin care provided by your experienced certified lymphedema therapist will help you manage your symptoms.

